



The Doctor Is In

My Doctor Online keeps you connected to your doctors anytime, anywhere.

My Doctor Online makes it easy for you to choose the right doctors for you and your family and keep in touch between visits. From your doctor's home page at kp.org/mydoctor, you can:

- See all your care options, including online, by phone, and in person.
- Connect to video visits from your computer or mobile device using our My Doctor Online app.
- Get personalized recommendations and information from your doctor to support your care.
- Find information developed by Kaiser Permanente doctors.
- Browse bios and choose your doctor.
- Access secure features, including email your doctor, appointments, test results, prescription refills, and more.

Visit and bookmark your doctor's home page at kp.org/mydoctor.*

*To access some features, registration is required. See reverse.

Simple Steps to Take Charge of Your Health

Register on kp.org from your computer or phone from the My Doctor Online app.

It takes just a few minutes.

In the upper right-hand corner of the My Doctor landing page, select “Sign in to access care.” You’ll see a “Sign in” page on the next screen, and click on “Register for an account” to get started. Have your medical record number handy and follow the steps below. Then you can start using our secure online features from any computer or mobile device.

Registration is safe and secure—we’ll ask a few questions only you can answer, and you’ll have a set time to respond. If you need help or have any questions, give us a call at **1-800-556-7677**.

1 Enter your membership information

KAISER PERMANENTE. Step 1 of 6 - Membership info

First, tell us a little about yourself

WHERE DO YOU GET CARE?

Choose region

HEALTH/MEDICAL RECORD NUMBER

FIRST NAME Need help?

LAST NAME

DATE OF BIRTH MM/DD/YYYY

Next

Back

2 Accept the terms and conditions

Don't use your browser's back button. It will cancel your registration.

Agree to our Terms and Conditions

CHECKING "I AGREE" AND CLICKING THE "SUBMIT" BUTTON—OR USING OUR SITE—MEANS THAT YOU AGREE TO OUR ENTIRE TERMS AND CONDITIONS. PLEASE REVIEW OUR [PRIVACY STATEMENT](#) ALSO.

If you think you or someone you are taking care of has a **medical or psychiatric emergency**, call 911 or go to the nearest hospital. Do not delay seeking treatment or medical advice because of something you have read on this website. Our site provides health information and access to our services. It is not a substitute for professional medical advice.

Occasionally, we may make changes to the Terms and Conditions. It is your responsibility to read the site Terms and Conditions from time to time. Your continued use of the site will indicate your agreement to the revised Terms and Conditions.

By checking this box and clicking the Submit button, I indicate that I have read and agree to the entire Terms and Conditions for use of this website, and I have reviewed the [Privacy Statement](#) for this website.

Submit

3 Create your user ID

User ID [More about choosing a user ID](#)

E-mail address [More about e-mail addresses](#)

Retype e-mail address

Submit

4 Secure your account

Set up your password

Choose how you'd like to verify your identity.

Get your password online
Confirm basic information about yourself, then answer up to 5 security questions, in 90 seconds per question.

Get your password by mail in 3-7 business days
Confirm your mailing address, and we'll mail you a temporary password.

Have a visual disability? We strongly recommend you click this link and verify your identity through this fast, alternative method.

5 Sign in

Sign on

Your password has been reset — sign on and use our many convenient features.

USER ID

PASSWORD

Sign on

Forgot user ID? | Forgot password?

Register for an account

By signing on, you agree to our Terms and Conditions and Privacy Statement.

Visit and bookmark your doctor's home page at **kp.org/mydoctor**.

This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult with your doctor.

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