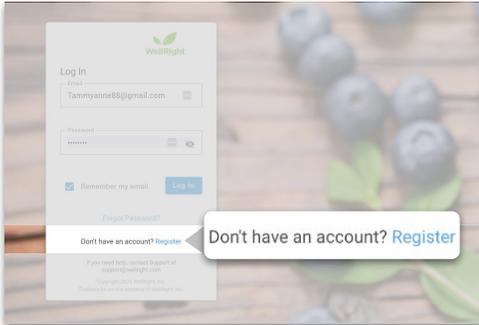


REGISTRATION GUIDE

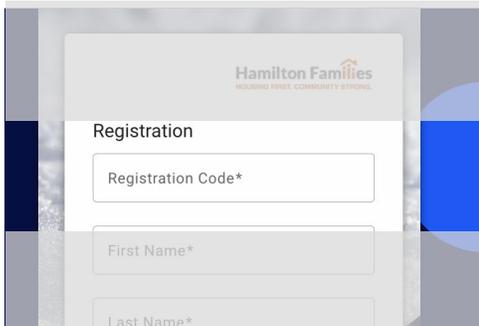
Register for the wellness program by visiting the URL, entering in the company code and your information.



1

GO TO [HAMILTON.WELLRIGHT.COM](https://hamilton.wellright.com)

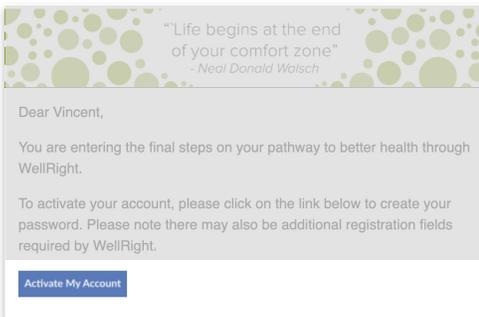
- Click “Register” towards the bottom of the login box



2

REGISTRATION

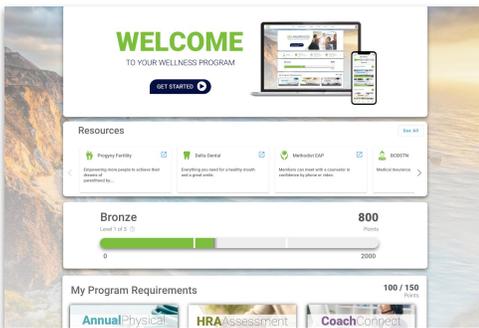
- Enter the registration code: **HFC** and proceed filling out the remainder of the fields on the registration page. Be sure to double check your email for typos before hitting the final Register button.



3

CHECK YOUR EMAIL

- After completing the registration page, you’ll receive an activation email.



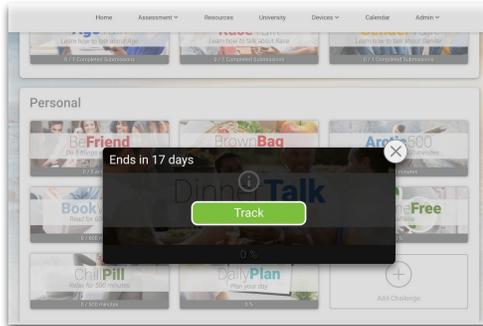
4

GET STARTED

- Bookmark the URL and login to start participating!

ACCOUNT SETUP

After registration, complete the steps below to set up your account via the web. Some of these features allow you to participate in the program without having to login.



1

ACTIVITIES

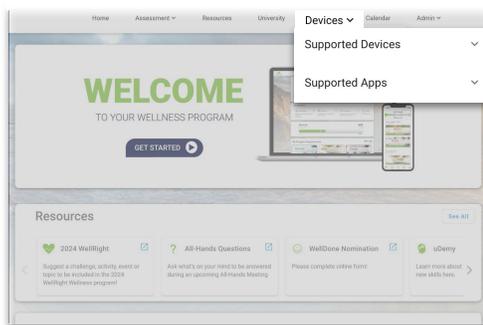
- Hover over an activity and click the “i” icon to learn more
- Work towards completing an activity by clicking “Track”, “Submit”, or “Learn”



2

MOBILE APP

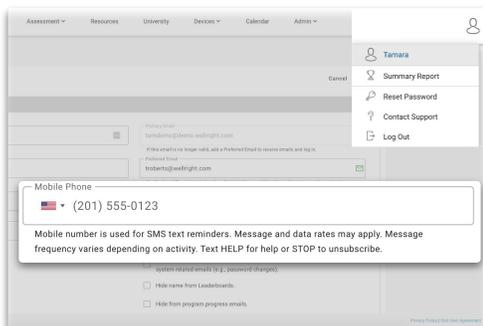
- Download the WellRight app in the Apple or Google Play store to access your wellness program no matter where you are



3

FITNESS DEVICE/APP SETUP

- On the home screen, click the “Devices” menu
- Select your device by clicking the “+” icon
- Sign in to your fitness device account to grant access
- Your device’s data will now automatically flow over and update any applicable activities’ progress



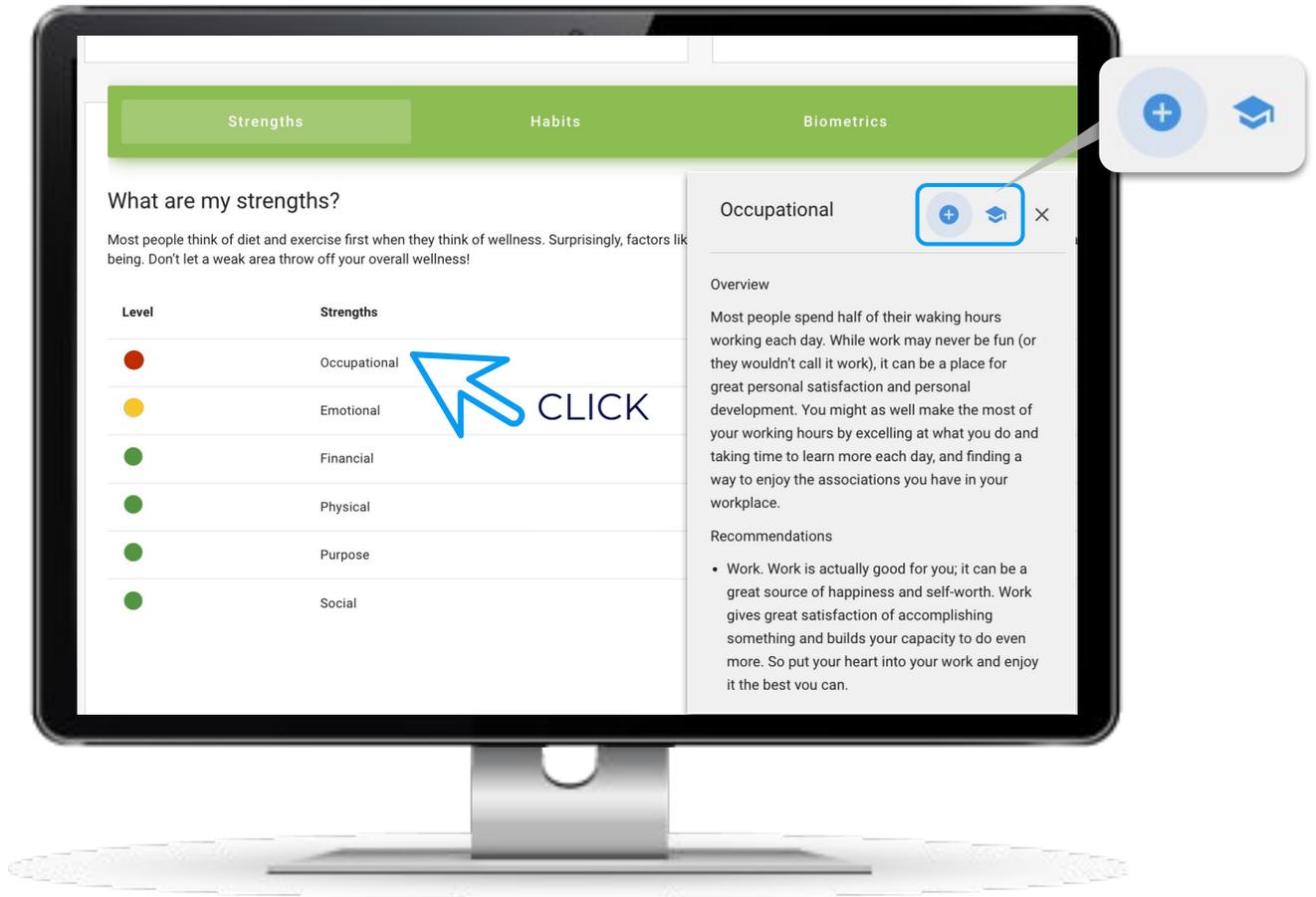
4

TEXT REMINDERS

- Add your mobile number to your user profile
- Hover over an activity and click “i” to set your text reminders
- Reply to the text to track your progress

HEALTH PROFILE

Your Health Profile compiles your health assessment responses and biometric screening results (if applicable) to provide an overview of your strengths, areas of improvement, and personal recommendations from the platform. To view your Health Profile on the web, click on the Health Risk Assessment drop-down menu.



The puzzlehead provides a quick overview of your risk levels across the different dimensions of wellness



Download and print your results to review them with your PCP



View how your actual age compares with your health age



Receive an overview of each area & recommendations by clicking on any row



View how your current results compare to past years' results by clicking on the clock icon



Click the  or  icon to add a personal challenge or take a university course on the selected health topic.