WEB

REGISTRATION GUIDE

Register for the wellness program by visiting the URL, entering in the company code and your information.





REGISTRATION

Enter the registration code: HFC and proceed filling out the remainder of the fields on the registration page. Be sure to double check your email for typos before hitting the final Register button.

Dear Vincent,

You are entering the final steps on your pathway to better health through WellRight.

3

"Life begins at the end of your comfort zone" - Neal Donald Walsch

To activate your account, please click on the link below to create your password. Please note there may also be additional registration fields required by WellRight.

Activate My Account

CHECK YOUR EMAIL

 After completing the registration page, you'll receive an activation email.



GET STARTED

 Bookmark the URL and login to start participating!



2024 Registration Code: HFC

hamilton.wellright.com | For help, email support@wellright.com

WEB

ACCOUNT SETUP

After registration, complete the steps below to set up your account via the web. Some of these features allow you to participate in the program without having to login.



WellRight

Health & Fitness

2

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Q Tamara

🖯 Log Out

Summary Report
 Summary Report
 Contact Support

ACTIVITIES

- Hover over an activity and click the "i" icon to learn more
- Work towards completing an activity by clicking "Track", "Submit", or "Learn"



Download the WellRight app in the Apple or Google
 Play store to access your wellness program no
 matter where you are



Mobile number is used for SMS text reminders. Message and data rates may apply. Message requency varies depending on activity. Text HELP for help or STOP to unsubscribe.

FITNESS DEVICE/APP SETUP

- On the home screen, click the "Devices" menu
- Select your device by clicking the "+" icon
- Sign in to your fitness device account to grant access
- Your device's data will now automatically flow over and update any applicable activities' progress



- Add your mobile number to your user profile
- Hover over an activity and click "i" to set your text reminders
- Reply to the text to track your progress



• (201) 555-0123

WEB

HEALTH PROFILE

Your Health Profile compiles your health assessment responses and biometric screening results (if applicable) to provide an overview of your strengths, areas of improvement, and personal recommendations from the platform. To view your Health Profile on the web, click on the Health Risk Assessment drop-down menu.

What are Most people	e my strengths? think of diet and exercise first when they think	of wellness. Surprisingly, factors lik	Occupational 🕞 🗢	×
Level	et a weak area throw on your overall weilness Strengths	1	Overview Most people spend half of their waking hours	n (or
•	Occupational	7	they wouldn't call it work), it can be a place for great personal satisfaction and personal	
•	Emotional	CLICK	development. You might as well make the mos your working hours by excelling at what you do	st of and
-	Financial		taking time to learn more each day, and finding way to enjoy the associations you have in your workplace.	ja
•	Purpose		Recommendations	
•	Social		 Work. Work is actually good for you; it can b great source of happiness and self-worth. V 	e a Vork
			gives great satisfaction of accomplishing	
			something and builds your capacity to do ev more. So put your heart into your work and	ven eniov
			something and builds your capacity to do ev more. So put your heart into your work and it the best vou can.	ven enjoy
puzzle rview c erent d	ehead provides a quic of your risk levels acros limensions of wellnes	k ss the s	Something and builds your capacity to do en more. So put your heart into your work and it the best vou can.	rint your results
puzzle rview c erent d w how npares	ehead provides a quic of your risk levels acro limensions of wellnes your actual age with your health age	k ss the s	Download and p review them with Receive an overv recommendation row	rint your results n your PCP iew of each area ns by clicking or

